



## CARNIVAL AND FAIR FOOD

### Nutrition (or lack of nutrition) information

	<b>serving</b>	<b>calories</b>	<b>fat</b>	<b>carbs</b>	<b>fiber</b>
Baked Potato, plain	4" large (not jumbo)	275	.5	44	5
Candied Apples	1 apple (7 oz)	280	.5	72	4
Caramel Apples	1 apple (7 oz)	298	9	52	4
Cheeseburger	6 oz burger on bun	551	36	25	–
Chicken Nuggets	6 nuggets	341	17	26	–
Choc Dipped Strawberry	1 large	90	4.5	24	3
Choc Frozen Banana	4.9 oz banana	240	5	53	4
Corn Dog	regular (4 oz)	250	14	23	1
Corn Dog	jumbo (6 oz)	375	21	36	2
Cotton Candy	1.5 oz serving	171	–	45	–
Cream Puffs	4.3 oz serving	497	43	22	–
Donut	7.5 oz twist	907	49	109	
Falafel	11.6 oz	662	27	85	–
Fried Mushrooms	10-12 pieces	395	26	34	–
Fried Dough	6 oz piece	720	39	79	–
Fried Onion Flower	1 onion	1320	72	140	8
Fried Oreos	1 cookie	98	5.8	11	.5
Fried Shrimp	10-12 shrimp (5oz)	555	30	36	–
Fries	7 oz	560	24	79	7
Fries, cheese	9.9 oz	644	38	62	8
Fries, curly	7 oz	620	30	78	7
Fzn Yogurt in Sugar Cone	small (10 oz)	340	1.5	67	–

Fudge	3 oz piece	400	22	50	—
Funnel Cake	8.3 oz cake	760	44	80	—
Hot Dog	1 foot-long	470	52	56	—
Kettle Corn	7 cups	490	12	70	6
Nachos w/Cheese	9" plate	861	59	70	—
Onion Rings	3 rings	309	13	40	7
Popcorn (no butter)	7 cups	400	27	30	8.5
Personal Pizza, cheese	7"	667	24	80	—
Philly Cheese Steak	13 oz sandwich	680	36	49	1
Smoked Turkey Legs	19 oz	1136	54	—	—
Snow Cone	3 oz syrup	270	—	8	—
Soft Pretzel	1 pretzel	340	2	70	2
Strawberry Crepe (no whipped cream)	4.3 oz	280	14	36	—
Sweet Potato Fries	7 oz	380	18	49	6

#### DRINKS

Icee	16 oz	24	—	58	—
Lemonade	18 oz	210	—	52	—
Smoothie, berry flavor	16 oz	350	1	80	2.5
Soda	32 oz	400	—	112	—

